

OBC 25M 2025: Session: 5: COACH evaluation sheet for TEAM: MOSAN

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Leonard Pierre HEADCOACH

Coaches: Braham Kevin

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 30: 100M BUTTERFLY WOMEN					Heat:1, starttime: 09:00
Heat: 1/5 Lane : 2 Athlete: PITTERI MARIA CRISTINA					Q-time: 01:08:49
PB (25m pool): 1:04.98 Gent 8 Nov 2014					PB (50m pool): 1:05.40 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		30.95		1:04.98	
	30.95		34.03		
					

Coach feedback:

Event number: 30: 100M BUTTERFLY WOMEN					Heat:3, starttime: 09:05
Heat: 3/5 Lane : 6 Athlete: GILLET MAËLLE					Q-time: 01:04:83
PB (25m pool): 1:04.83 Gent 9 Nov 2024					PB (50m pool): 1:05.29 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		30.54		1:04.83	
	30.54		34.29		
					

Coach feedback:

Event number: 30: 100M BUTTERFLY WOMEN					Heat:5, starttime: 09:05
Heat: 5/5 Lane : 3 Athlete: DE GYNS LILWENN					Q-time: 01:03:72
PB (25m pool): 1:04.76 Embourg 23 Jul 2024					PB (50m pool): 1:03.72 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		29.46		1:04.76	
	29.46		35.30		
					

Coach feedback:

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Event number: 31: 100M BACKSTROKE MEN					Heat:6, starttime: 09:15
Heat: 6/7 Lane : 2 Athlete: HESSENS TRISTAN					Q-time: 00:58:73
PB (25m pool): 58.73 Gent 9 Nov 2024					PB (50m pool): 1:00.55 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		28.78		58.73	
	28.78		29.95		
					

Coach feedback:

Event number: 34: 200M BACKSTROKE WOMEN							Heat:4, starttime: 09:45	
Heat: 4/4 Lane : 3 Athlete: GILLET ERYNN							Q-time: 02:18:08	
PB (25m pool): 2:18.08 Gent 11 Nov 2024				PB (50m pool): 2:21.89 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		31.76		1:06.71		1:42.66		2:18.08
	31.76		34.95		35.95		35.42	
								

Coach feedback:

Event number: 35: 50M BUTTERFLY MEN					Heat:6, starttime: 09:55
Heat: 6/6 Lane : 3 Athlete: ANDRIEN MAXIME					Q-time: 00:24:99
PB (25m pool): 24.27 Angers (FRA) 22 Nov 2015					PB (50m pool): 24.62 SB:
	2 5 M	5 0 M			
PB		24.27			
	24.27				
					

Coach feedback:

Event number: 38: 100M FREESTYLE WOMEN					Heat:3, starttime: 10:25
Heat: 3/8 Lane : 1 Athlete: DE GYNS LILWENN					Q-time: 00:59:59
PB (25m pool): 59.59 Braine l'Alleud 30 Mar 2024					PB (50m pool): 1:01.64 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		28.58		59.59	
	28.58		31.01		
					

Coach feedback:

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Event number: 39: 100M MEDLEY MEN					Heat:6, starttime: 10:40
Heat: 6/9 Lane : 8 Athlete: HESSENS TRISTAN					Q-time: 01:00:84
PB (25m pool): 1:00.65 Sint Amandsberg 11 Nov 2023					PB (50m pool): No time SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		28.08		1:00.65	
	28.8		32.57		
					

Coach feedback: